



NO BOUNDARIES



**BREAKING
BOUNDARIES
SINCE 1996**

GROUP DAYS RULE THE RUNS AT HOODOO

In March the 6th Annual Heroes in Sisters and the 9th Annual NW Youth Wheelers groups returned to Hoodoo.

Presented by Warfighter Sports, the annual Heroes in Sisters event was a huge success. 21 Heroes on the slopes with 41 of their family members and 50 volunteers, (pictured right). There were smiles galore! Thanks to everyone in the community who had a part in making this epic event happen.

Thank you to all our sponsors: Hoodoo, The Schwettman Family, Five Pine Lodge, Three Creeks Brewing, Best Western Ponderosa, Your Store, Sisters Coffee, US Allegiance Inc., PremierWest, NY City Sub Shop and OPVA to name a few.



The Northwest Youth Wheelers group had their annual ski day and costume contest at Hoodoo on March 23rd. There is nothing quite like this special day. The weather was perfect and the costumes were head turning. You could hear giggles all over the mountain! Eleven youth skied their hearts out, some for the first time, and took part in instigating several snowball fights.

Check out the coveted costume trophy winner, Keaton the Knight and his horse, with Kendall, his dedicated instructor for the day, (pictured left). Be sure to check our Facebook page for all the event photos.

Winter Snapshots



Summit HS, Mountain View HS and Sisters HS Life Skills Groups at Bachelor



Northwest Youth Wheelers
Fan favorites, The Woodland Fairies



The 2013 Crew

Heroes in Sisters
Welcome Dinner at Five Pine Lodge



Hitting the Slopes



2012-13
is
shaping up
to be
another
record
breaking
winter
season for
OAS.
THANK
YOU!

Volunteer Appreciation Happy Hour and End of the Season Party

Wed. April 3rd 5:30-7:00 @ GoodLife Brewing

Sat. April 27th @ 9-1:00 Volunteer Ski Day

5- ? Evening BBQ at Office



SPOTLIGHT ON... SNOW STAFF

Hip Hip Hooray!
Three Cheers for the
OAS Ski Instructors!



Jeremy's Notepad

It has been another awesome winter sports season for Oregon Adaptive Sports! I am so proud of OAS' dedicated corps of volunteers and instructors, and I want to use this newsletter's notepad to highlight the OAS instructor staff. These are the folks in the blue and orange jackets, up at the mountains day in and day out, helping scores of adaptive athletes on the snow. Despite low pay, leaky jackets, and a demanding supervisor, these amazing people have really helped OAS become a professional adaptive snowsports program. Melodie Buell has not only been a star teacher and highly requested instructor, she has also been filling the position of Assistant Program Director and helping to coordinate many of the on-snow events this season. Brett Crandall has emerged as a jack-of-all-trades instructor, and has received rave reviews from participants and parents. Greg Guise continues to be one of OAS' highly experienced instructors and this winter has helped one skier in particular achieve new levels of skill and independence. Dan O'Hara has taken on several challenging lessons this season, and his commitment to people striving for independence is unwavering. Dave Weil has come through as a dependable and well-liked teacher in his first season as an OAS instructor. Sharon Sparrow continues to be a core component of OAS' Hoodoo program, and has been critical to the success of the OAS-Alpine Adventures partnership. Mark Jarvis would gladly put in seven days a week if need be, and has been a highly requested and well-liked ski instructor. Jeff Newman--despite living on the other side of the mountains this winter--has been here on several key weeks to help with some busy lesson days (and there are many participants who hope he comes back to live in Bend!). Ben Sparrow continues to be a respected and skilled instructor, even helping out off-snow during the second half of the season as he recovers from an injury. Wytan Brown--the man who will take a bi-skier anywhere--has been a huge help to several participants this winter, and is willing to take on just about any challenge. Finally, Cara Frank, who had been sidelined for much of the season with a knee injury, is--as I write this--back on the snow teaching a young skier with a hearing impairment. Every instructor has been name-requested time and time again by participants this winter, and these requests are testimony to how well-liked OAS' instructors are...not only as teachers, but also as caring people. It makes my job as Program Director much easier when I know I have such a competent, skilled, and friendly group of instructors. These folks are rock stars!

-Jeremy



WHAT'S HAPPENING...

Mt. Bachelor Charity Ski Weeks

April 8-12th and April 22-26th

\$25 Lift Ticket Vouchers voucher today! For use will be available for two Monday- Friday from April weeks in April with 100% 8-12 and April 22-26.

of proceeds to benefit

OAS! Contact Jeremy at

info@oregonadaptivesports.org to reserve your

We are incredibly grateful to Mt. Bachelor for this incredible opportunity to fundraise!

Springfest

Saturday, April 13th- Sunday, April 14th

Springfest is our first outreach event for OAS summer sports and we need your help to spread the good word.

Please email Christine and let her know when you are available to help between 11:00am and 5:00pm on Sat. or Sun.

christine@oregonadaptivesports.org

Pole Pedal Paddle

Saturday, May 18th

OAS is proud to present 2, maybe 3, teams in the Pole Pedal Paddle event this year. If you are, or know of, an athlete that would like to participate let us know. We also need several volunteers as team support. Let Christine know if you want to spend this AWESOME day with us!

Adaptive Cycle Clinic for Volunteers

Sunday, June 30th 8:30-11:00

Join OAS and the team from Eugene Adaptive Recreation to begin our adventure into adaptive cycling. Learn about the various adaptive cycles, as well as how to properly fit participants with different disabilities. Please RSVP by June 25th to Christine.

OAS exists to provide life-changing outdoor recreation experiences to individuals with physical and cognitive disabilities and, concurrently, to provide their families with the education and skills to enjoy these experiences together. Through participation in Oregon Adaptive Sports' programs, participants, athletes and families gain confidence and independence, build self-esteem, meet positive role models and enjoy an enhanced quality of life.

What People are Saying...

"Absolutely love being on the mountain volunteering with OAS . Oregon has so many recreational opportunities and making them possible for everyone is a pretty amazing experience."

OAS Volunteer, Jan. 2013

SUMMER PLANS

Watch your email box for more details....

GOLF at Awbrey Glen

Wed. June 5 4:30-6:00

Tues. July 11 4:30-6:00



Adaptive BIKE Jubilee

Sun. June 30th 1:00-4:00



Wounded Warrior Mountain Bike Clinic

Sat. and Sun. July 13 & 14

KAYAKING at Elk Lake

Sat. Sept. 14th 9:30-2:30



Camping and Fishing

TBD

ATTN: Mountain Bikers

OAS is hosting a mountain bike clinic for injured veterans this July. In order to provide the opportunity to our vets at no-cost we have a unique fundraiser for the event. Our instructor is hosting two discounted clinics in Bend for our able bodied friends on June 1/2 and June 8/9.

Limited space.

Only \$300, instead of \$700.
Contact Christine for details.

SAVE THE DATE

BIGSTOCK

2013

AUGUST 10th

We have a big announcement coming soon regarding this year's event. Mark your calendars now, you do not want to miss the coolest music fundraiser of the summer!

Thank you to our recent sponsors and contributors!

Mark & Sarah Gillem, Jeffrey Stachan, Bob Fulton, Bob Harrington, Jan & John McGowan, Nancy Stevens, Jeffrey Johnson, Stacy Wilson, Wilson Construction, Ron Rousseau, Daniel Kirkpatrick, Repeat Performance, Amy LaLicata, Katherine Lucas, 10 Barrel Brewing, Oregon Freeze Dry, Rome Snowboards, Marvin Breach, Joshua Dirksen, Bend Ski Club, M.A. Magid, Ted & Jeri Scharpf, JoAnn Ray, Niki Cheney, Shirley Checkos, Darryl Nakahira, PremierWest Bank, Oregon Paralyzed Veterans of America, The Schwettman Family, Schick-Ogle VFW Post 4278, Ladies AUX VFW, US Allegiance, NY City Sub Shop, Sisters Coffee, Five Pine Lodge, Three Creeks Brewing, Your Store, American Licorice, REI, Life Flight Network, LARABAR, Baskin Robbins, Hanson Family Fund, The Husbands Ball, Hayden Homes, Kids in the Game, Christopher and Dana Reeve Foundation, Rob Ryan, Kelly Smith, John Springer, Brett Gingold, Mike & Kristen Goldstein, Greg Welch, Tony Lawrence, In Focus Eye Care, John Mansour, Dr. Dave Stewart, Kelly Martin, Jennifer Alexander, Sarah Englund, Brian Fratzke, Molly & Ryan Nopp, Sara & John Murphy, Treece Tappan, Paul Jones, Andrew Steiner, Chuck Potter, Margaret Weaver, Todd Smith, Molly Kelly, Christopher Laws, Chris Zanger, Mary Breton, Marvin Mix, Heather & Jason Sissel, Kent Reynolds

OAS WISH LIST

Paper Shredder

Bike Helmets

Fishing Gear

Tandem Bike or Kayak

6-8 Person Tents

SUBARU OUTSIDE GAMES /TWO BLIND TO RIDE/PPP RACE

▲ Oregon Adaptive Sports is excited to announce our participation in the Subaru Outside Games from June 26-30th in Bend. We are one of the overall beneficiaries from the week, and we will be present and visible at many of the events. For sure, look for our Film Fest at Volcano Theatre on the 27th and our Adaptive Bike Jubilee and Olympic Day on the 30th. More details to be announced soon...

www.subaruoutsidegames.com

▲ Christi and Tauru have been traveling via tandem bike from South America to Alaska. They arrive in Portland in mid-April for a slide show and presentation of their experience. They are both visually impaired and are riding together to "raise awareness for the blind with the hope of inspiring others who have "challenges" and to showcase to the world that people of all abilities can achieve their dreams". Follow them at...

www.twoblindtoride.org

▲ OAS's own Jeremy Fox and snow instructor, Brett Crandall, are racing head to head in this years PPP to raise money for OAS scholarships. Voters will earn raffle tickets for cool prizes, and if you pick the correct winner, then you will be eligible to win a pair of brand new skis from Salomon. Go to the OAS website and watch the promo video for the details on how to get involved. Who do you think will have the best time? Jeremy or Brett? Hmmmm.....

www.oregonadaptivesports.org

STAFF

Christine Brousseau- Executive Dir.
Jeremy Fox- Winter Program Director
Melodie Buell- Assist. Program Director
Greg Guise- Snow Instructor
Dan O'Hara- Snow Instructor
Cara Frank- Snow Instructor
Ben Sparrow- Snow Instructor
Sharon Sparrow- Snow Instructor
Brett Crandall- Snow Instructor
Wystan Brown- Snow Instructor
Dave Weil- Snow Instructor
Jeff Newman- Snow Instructor
Mark Jarvis- Snow Instructor/Equip. Mgr

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