

2019-20 WINTER CATALOG



DEC 16 - MARCH 29TH | Registration Opens Nov 1st.

SKIING



SNOWBOARDING



SNOWSHOEING



NORDIC



HOW TO REGISTER

Scheduling depends on equipment and staff availability. To get your desired outdoor adventures firmed up, please sign up at least 2-3 weeks in advance, the further ahead the better. Registration begins on Nov 1st and will be available online.

Programs are offered in three categories:

CUSTOM ADVENTURES | COMMUNITY PROGRAMS | EVENTS

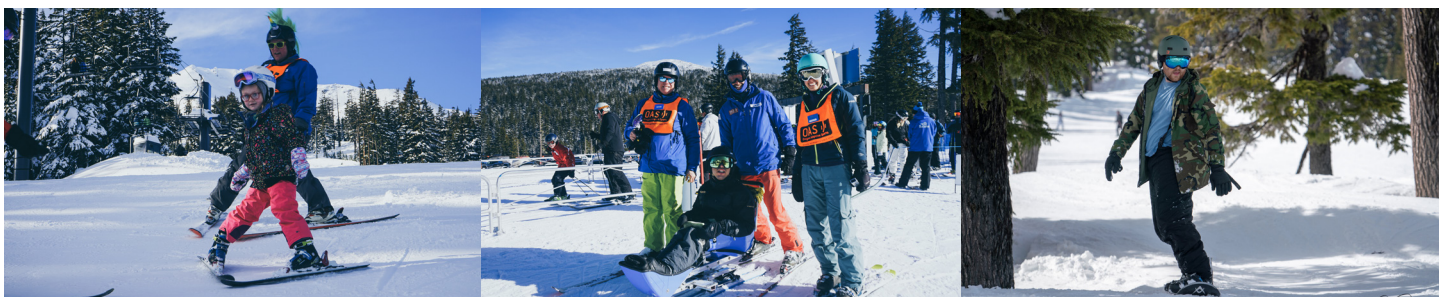
SCHOLARSHIPS

OAS strives to ensure that cost is never a barrier to participation. OAS offers an extensive scholarship program. Scholarship application + info is on OAS website. Scholarships are reviewed + awarded monthly, please submit early.

EMAIL: info@oregonadaptivesports.org

WWW.OREGONADAPTIVESPORTS.ORG | 541-306-4774

CUSTOM ADVENTURES



MOUNT BACHELOR SEASON: DECEMBER 15 - MARCH 31 | HOODOO RESORT SEASON: JANUARY - EARLY MARCH

PRIVATE LESSONS

OAS lessons are offered as a full day or a half day (am or pm). Lessons run 9:30-12:00 and/or 1-3:30 with a one hour unsupervised lunch. Lesson rates include all necessary equipment (rentals and/or adaptive), lift ticket, a trained instructor and assistants. Scholarships are available for those who need them.

Rates: Full Day \$185 | Half Day \$130

SKI BUDDY

For independent skiers/riders who need a “buddy” to ski with. The Ski Buddy is a trained assistant who provides on-hill support such as assistance with chairlift loading/unloading, getting back up after a fall or guidance around the mountain. Ski buddies do not provide instruction. Includes lift ticket but not equipment.

Rates: Full Day \$75 | Half Day \$65

MT BACHELOR LOCAL SKI PROGRAM | Jan 5 - March 20, Register by December 16th.

In an effort to increase accessibility and consistency of adaptive skiing for residents of Deschutes County, OAS is excited to offer a Locals Ski Program. Lessons are offered at discounted rates for those wishing to schedule regular lessons on set dates from Jan to March. Program has blackout dates on major holidays.

Rates: Full Day \$90 | Half Day \$70

HOODOO ALPINE ADVENTURES

The Alpine Adventures program is a collaboration between OAS and the City of Eugene to provide adaptive snow opportunities for people with disabilities from Willamette Valley at Hoodoo. Participants are asked to sign up for the entirety of any 4-day session. Lesson times run 10am-3pm with 30-60 minute lunch.

Session #1 - Fridays January 10, 17, 31 & February 7

Session #2 - Sundays January 12, 19 & February 2, 9

Session #3 - February 14, 21, 28 & March 6

Session #4 - February 16, 23 & March 1, 8

Rates: \$350/Session | Transportation to Hoodoo from Eugene \$120/session or \$40/single day

NORDIC PRIVATE LESSONS

From the beautiful 30k of trails at Meissner to the 50k of pristine trails at Mount Bachelor, there are many opportunities to explore all the fun that nordic skiing has to offer. Lesson times are 9:30 am-12 pm. Standard rentals or OAS sit down nordic skis included with lesson cost.

Rates: Half Day at Bachelor \$50 | Half Day at Meissner \$40



COMMUNITY PROGRAMS

Building an Inclusive Outdoor Community in Central Oregon



COMMUNITY PROGRAMS

Spaces for people of all abilities to come together and participate in outdoor recreation, regardless of ability.

SIGN UP & COST

All community programs are free of cost except climbing and rentals. Please **RSVP online** to help us ensure we have appropriate staffing, equipment and supplies for the activity.

NORDIC + SNOWSHOEING

Mt Bachelor Nordic Center

Select Wednesdays:

1/15, 1/29, 2/12, 2/26, 3/11, 3/25

9:30 am - 12 pm | Rentals \$15

A space for people of all abilities to participate in some of the fantastic Central Oregon nordic skiing. Group will meet at the Center and pick their adventure for the day. Standard rentals available from Mt Bachelor and nordic sit skis from OAS. Transportation from Bend available.



CLIMBING

Bend Rock Gym

First Tuesday of Every Month

4:30-6:30pm

Year Round | \$10 to BRG

This is a space for people of all abilities to climb together. All experience levels welcome. Note that this is not a lesson setting, parents are asked to supervise youth under 14 but assistants are available to help with climbing.



ALL ARE WELCOME AT COMMUNITY PROGRAMS, PLEASE RSVP ON OAS WEBSITE.

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EVENTS

OAS seeks to empower athletes of all abilities to engage in the outdoor community through events in Central Oregon and beyond.



HEROES VETERANS WEEKEND - 1.24 - 1.26

One of OAS' largest + most popular events of the winter, Heroes is held to honor PNW Veterans with a permanent physical disability + a caregiver with a weekend of winter fun in Central Oregon! Lodging for Friday + Saturday in Bend, Oregon (one room per participant) as well as lessons in alpine skiing, nordic skiing or snowboarding are provided at no cost to the participant.

JUNIOR RACERS/ELLIE SKI DAY - 2.1.20

Thanks to the Ellie Bartlett Memorial Fund, youth under 25 years old who have a disability and all U of O students with a disability are eligible for a full day of skiing and fun at Hoodoo Ski Area! Adaptive ski equipment, pizza party and the very popular costume contest make this day one of OAS' favorites. This day is held in memory and celebration of Ellie Bartlett.



SKI FOR ALL - 3.14.20

A full day all-abilities ski-a-thon at Mt Bachelor where the athletic competition is to ski/ride as many vertical feet in one day as possible utilizing any open terrain. The feel-good competition is to raise funds for OAS to provide life-changing outdoor recreation for people of ALL abilities.

Prizes awarded to top fundraisers, top vertical in five categories and for #OASstoke. Sign ups open January 1.

WINTER EVENTS

11.1 - Registration Opens
12.3 - Pray For Snow
12.14 -12.15 - Dirksen Derby
12.16 Bachelor Program Begins
12.22-1.2 Holiday Week
12.25 - OAS Closed for Christmas
1.1 - OAS Closed for New Year's Day
1.8 Ski For Life Program begins
1.10 Hoodoo Lessons Open

1.24-1.26 Heroes XII
2.1 Junior Racers / Ellie Ski Day
2.15-2.16 CamPAH - Ski Day for individuals who are Deaf/Hard of Hearing
2.15-17 Presidents Weekend
3.7-3.8 - Ski to Defeat ALS + Troops Triumph
3.14 - **SKI FOR ALL 3.0**
3.21-3.29 - Oregon Spring Break
3.29 - Final day of Bachelor programs
3.29 - End of Season Party @ Sunrise