



## Essential Eligibility Criteria (EEC): Winter Sports 20/21

- 1. Individual is able to wear a face covering correctly for the duration of their OAS lesson and while visiting OAS premises.**
2. Individual lives with a long term disability and requires specialized instruction or adaptive equipment to recreate outdoors.
3. Individual is able to wear a properly fitted and properly rated helmet throughout the duration of alpine skiing or snowboard activity.
4. Individual is able to transfer independently or with the assistance of a companion.\*
5. Individual is cleared by their doctor to participate in designated activity.
6. Individual can manage personal care needs independently or with the help of a companion, including toileting and feeding.
7. Individual can follow instructions given by instructors independently or with the assistance of a companion.
8. While participating with OAS programs, individual can refrain from risky behavior that pose a threat to themselves and others including: aggressive behavior, ignoring safety precautions identified by instructors, drug/alcohol use, inability to set boundaries pertaining to their physical ability and needs.
9. Individual can contribute to a safe learning environment. Harassment and abusive behavior will not be tolerated.

*\* For the use of this document, a companion can be a personal support person, family member, or friend and excludes any and all OAS instructors or assistants.*

If you are not able to meet the Essential Eligibility Criteria (EEC's) listed above and want to discuss alternative options, or have any questions and need clarification, please contact OAS at [Info@oregonadaptivesports.org](mailto:Info@oregonadaptivesports.org) or call 541-848-9390.