



## Essential Eligibility Criteria (EEC): Summer Cycling Programs 2024

1. Minimum of 8 years old.
2. Individual lives with a long term disability and requires specialized instruction or adaptive equipment to recreate outdoors.
3. Individual is able to wear a properly fitted and rated helmet when using any cycling equipment.
4. Individual is able to transfer independently or with the assistance from OAS staff/volunteers.
5. Individual is able to wear a properly fitted PFD/Life Jacket when on or near a body of water.
6. Individual is not restricted by their doctor to participate in designated activity.
7. Individual can manage personal care needs independently, or with assistance from a caregiver/companion who is available for the duration of the lesson.
8. Individual can follow instructions given by instructors independently.
9. While participating with OAS programs, individual can refrain from risky behavior that pose a threat to themselves and others including: aggressive behavior, ignoring safety precautions identified by instructors, drug/alcohol use, inability to set boundaries pertaining to their physical ability and needs.
10. Individual can contribute to a safe learning environment. Harassment and abusive behavior will not be tolerated.

*\* For the use of this document, a companion can be a personal support person, family member, or friend and excludes any and all OAS instructors or assistants.*

If you are not able to meet the Essential Eligibility Criteria (EEC's) listed above and want to discuss alternative options, or have any questions and need clarification, please contact OAS at [Info@oregonadaptivesports.org](mailto:Info@oregonadaptivesports.org) or call 541-848-9390.